## IMPORTANT DERMAPLANE INFORMATION

## PRE-TREATMENT

- No waxing or chemical peels within 2 weeks prior
- No use of exfoliating products (scrubs, retinol, salicylic acid, etc.) within 48 hours prior

## **POST-TREATMENT**

- Resume regular skincare routine 24 hours post-treatment
- Skin will be more sensitive to sun exposure
- Avoid heat, saunas, hot tubs, and sweat-inducing exercise for 24 hours post-treatment
- Slight sensitivity may by experienced up to 48 hours post-treatment

## NOT SUITABLE FOR THE FOLLOWING SKIN CONDITIONS:

- Removal of thick or abundant facial hair
- Present/inflamed acne
- Cold sores or open skin lesions
- Use of Accutane (or other oral acne medications)
  within 12 months
- Dermatitis including eczema and psoriasis
- Pregnant or breastfeeding
- Melasma, Skin cancer
- Diabetes
- Skin recently treated with a chemical peel, waxing or deep exfoliation service

